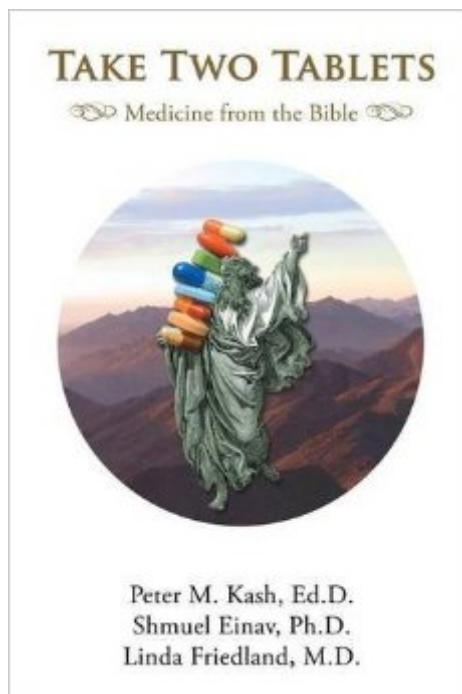


The book was found

Take Two Tablets: Medicine From The Bible



Synopsis

Great nutrition, exercise, healing pathways, meditation, the importance of sex, joy, a life of meaning - TAKE TWO TABLETS: Medicine from the Bible reveals how ancient principles - as told in the Bible - have been verified by today's scientific scrutiny and hold the keys to a healthier, longer life and how to apply them to today's hectic lifestyles. It shows us how to deal with pain, suffering, work and stress and how these proven healing techniques resonate with all the world's major traditions as well as specific ancient Asian health practices that promote robust health and vitality. Created and written by Dr. Peter Kash, a bestselling author, biotech specialist, and educator - Dr. Shmuel Einav, a well-known biomedical research scientist and educator and Dr. Linda Friedland, an international health expert, medical doctor, speaker, and author. Rooted in the teachings of the Old Testament, this inspiring manual can transform your life.

Book Information

Paperback: 166 pages

Publisher: White River Press (March 29, 2016)

Language: English

ISBN-10: 1887043225

ISBN-13: 978-1887043229

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars (See all reviews) (9 customer reviews)

Best Sellers Rank: #942,402 in Books (See Top 100 in Books) #72 in Books > Health, Fitness & Dieting > Nutrition > Cancer Prevention #100 in Books > Health, Fitness & Dieting > Aging > Diets & Nutrition #12075 in Books > Health, Fitness & Dieting > Diets & Weight Loss

Customer Reviews

While I've read a variety of books about religion and spiritual thinking, "Take Two Tablets" is the first compendium that has presented the connection and common roots we all share. It's also helpful to see how much humanity had already "learned" about health, then somehow "unlearned" in the past centuries. It's time to get back to what we know (knew) and this book helps lead the way.

Peter M. Kash is known for business, medicine and the bible. In this easy to read, compelling and very informative book he and his fellow authors share knowledge and wisdom about medicine and cures that span our collective time on earth. Whether doctor, student or someone who simply wants to

understand medicine in an entirely new perspective-- pick up Take Two Tablets!

A very entertaining and knowledgeable book that gives a modern twist to ancient knowledge-- expertly written by luminaries in the field.

Very well written and informative! A delightful read!!! Highly recommend this book!!!

refreshing perspective!

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